

# The State of Washington



## Proclamation

**WHEREAS**, food is the substance by which life is sustained; and

**WHEREAS**, the type, quality and amount of food that individuals consume each day play a vital role in their overall health and physical fitness; and

**WHEREAS**, there is a need for continuing nutrition education and a wide-scale effort to enhance eating practices; and

**WHEREAS**, the National Nutrition Month campaign focuses on the importance of making informed food choices and developing sound eating and physical activity practices;

**NOW, THEREFORE**, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim March 2021, as

### *Nutrition Month*

in Washington, and I encourage all people in our state to join me in this special observance.

Signed this 15<sup>th</sup> day of February, 2021

A handwritten signature in blue ink, appearing to read "Jay Inslee".

Governor Jay Inslee

