

President-Elect Candidate

Ben Atkinson, MS, RD, CD

Education:	University of Washington; BS; Biochemistry; Seattle, WA University of Washington; MS; Nutritional Sciences; Seattle, WA
Internship:	Dietetic Intern; University of Washington; Seattle, WA
Employment:	<ul style="list-style-type: none"> ▪ Diet Office Supervisor; Food & Nutrition Services Department, University of Washington Medical Center; Seattle, WA; 2002-2005. ▪ Research Dietitian; Northwest Lipid Research Clinic; Seattle, WA; 2007-2008. ▪ Outpatient Dietitian; HealthPoint Community Health Center; Kent & Auburn, WA; 2007-2008. ▪ Outpatient Dietitian; Madison Clinic, Harborview Medical Center; Seattle, WA; 2008-2013. ▪ Informatics & Wellness Dietitian; Food & Nutrition Services Department, Harborview Medical Center; Seattle, WA; 2013-2014. ▪ Manager: Outpatient Nutrition, Informatics, Wellness; Food & Nutrition Services Department, Harborview Medical Center; Seattle, WA; 2014-Present.
Professional Activities:	<ul style="list-style-type: none"> ▪ South Sound Dietetic Association; Secretary; 2010-2011. ▪ South Sound Dietetic Association; President; 2011-2012. ▪ City of Kent, WA Bicycle Advisory Board; Secretary; 2011. ▪ Infectious Disease Nutrition Dietary Practice Group; Secretary; 2012-2013. ▪ Washington State Academy of Nutrition and Dietetics; Secretary; 2014-Present. ▪ Sports, Cardiovascular, and Wellness Nutrition Dietetic Practice Group, The Beat Quarterly Newsletter; Managing Editor; 2014-Present. ▪ Sports, Cardiovascular, and Wellness Nutrition Dietetic Practice Group, Pulse Quarterly Publication; Wellness Section Editor; 2014. ▪ Gatorade and Sports, Cardiovascular, and Wellness Nutrition Dietetic Practice Group and Gatorade; Sports Fueling Project Member; 2014. ▪ Academy of Nutrition and Dietetics Evidence Analysis HIV/AIDS Toolkit; Reviewer; 2015. ▪ Preceptor or mentor to 11 dietetic interns and 7 dietitians since 2009. ▪ Primary or co-author on 7 peer-reviewed publications and 6 poster presentations.
Awards:	<ul style="list-style-type: none"> ▪ Excellence in Clinical and Research Practice. Presented at the Washington State Academy of Nutrition and Dietetics Annual Education Meeting; Spokane, WA; April 7, 2014. ▪ 10x10 Informatics Education Grant Recipient. Academy of Nutrition and Dietetics Foundation and Judy Ford Stokes Memorial Award Fund; April 14, 2015.
Professional Statement	<p>I have worked with many wonderful dietitians and diet techs in the past decade, and I would be humbled to receive your vote for President Elect. I've been fortunate enough to work in foodservice, clinical, and research practice areas. I am on an Academy committee to help make our electronic health records work more efficiently. I've been a preceptor to 11 fabulous dietetic interns and a mentor to a ton of great nutrition students. I have been the editor of two SCAN DPG publications. I was also the sports dietitian for a local high school last year. It has been both challenging and fun to work as a dietitian and help others, but now I'd like to help you, and our profession.</p> <p>I would like to help be our voice in the community, in professional circles, and in the legislature. We know that we are essential to keeping our community healthy, and we need to continue to network and advocate for our profession. I have been involved with the Washington State Academy as a Board member and volunteer, as well as on the Board of local dietetic groups. I also regularly meet with my local and national representatives (and may have accidentally set off the security alarm in Maria Cantwell's office last year....long story!). I would like to hear about your successes and struggles to make sure you are fully supported. You all do amazing work, and I'd love to work with you and support you as the President-Elect of our fantastic organization.</p>

President-Elect Candidate

Kim D. Larson, RDN, CSSD, CD, CHC

Education:	Viterbo University, B.S. in Nutrition & Dietetics, LaCrosse, Wisconsin
Internship:	Coordinated Undergraduate Program at Viterbo University, LaCrosse, Wisconsin
Employment:	<p>2008-Present Principal of Total Health Nutrition, a company providing comprehensive, individualized on-line nutrition & health coaching, as well as public speaking and nutrition consulting to sports organizations, teams, media, industry, and corporations.</p> <ul style="list-style-type: none"> Nutrition & Health coach, public speaker, nutrition consultant <p>2009-2011 Team Sports Dietitian for The Seattle Mariners Baseball Club Seattle, WA</p> <p>1992-2008 Founder of KDL Associates</p> <ul style="list-style-type: none"> Nutrition Consultant, Certified Personal Trainer, Aerobics Instructor for corporate wellness programs and corporate fitness centers Managed the WA State 5 A Day Program Delivered Worksite Wellness Programs Consultant to school wellness programs <p>1989-1992 Nutrition & Public Relations Consultant</p> <ul style="list-style-type: none"> Senior Account Executive at Evans Food Group Consumer Division/Evans Kraft Advertising, Seattle, WA Independent public relations & marketing consultant <p>1986-1989 Nutrition Intervention Research Specialist/ Division of Preventive & Behavioral Medicine, University of Massachusetts Medical Center, Worcester, MA</p> <p>1985-1986 Clinical Dietitian, The New England Institute of Nutrition & Health, Worcester, MA</p> <p>1984-1985 Chief Clinical Dietitian, Froedtert Memorial Hospital, Milwaukee, WI</p> <p>1981-1984 Clinical & Outpatient Dietitian, Family Health Center & Family Practice Residency Program, LaCrosse, WI</p>
Professional Activities:	<p>Washington State Academy of Nutrition & Dietetics Board Member 2009-2013</p> <ul style="list-style-type: none"> Director of Communications 2006-2010 Coordinator of Licensure Committee <p>2012-Present National Media Spokesperson for The Academy of Nutrition & Dietetics</p>
Awards:	2012 President's Award from the Washington State Academy of Nutrition & Dietetics
Professional Statement	<p>I have been a Registered Dietitian Nutritionist for over 30 years and am passionate about the work we do to improve health at every age. Throughout my career I have worked in many different areas of the field, including clinical, epidemiology and research, food communications and public relations, foodservice, industry and non-profit. I am currently a public speaker and Certified Health Coach, along with being a national media spokesperson for The Academy of Nutrition & Dietetics. I have also served four years on the state Board as Director of Communications and Licensure Coordinator.</p> <p>With the internet and social media driving public information on nutrition and health, our professional organization needs to be a visible and active voice in our state. I have the experience, communication, media and leadership skills necessary to advocate for our profession in Washington and at the national level.</p> <p>As your president-elect and then president I will:</p> <ul style="list-style-type: none"> Take our state association to the next level by actively pursuing new collaborations and meaningful partnerships that promote and increase our value as the nutrition experts. Increase the visibility of our profession by creating opportunities that enhance our image and position ourselves as nutrition experts both in the media, legislature and in our communities. Support the Districts and the Board in developing programming and policies that meet the needs and interests of our members to increase participation and strengthen our organization. <p>I would appreciate your vote of confidence in the upcoming election and will be honored to have the opportunity to represent you as President-Elect of the Washington State Academy of Nutrition & Dietetics.</p>

Secretary Candidate

Alexandra (Lexie) Malia Timpson Jackson, MS, RDN, CD, CDE

Education:	Southern Methodist University BA, Psychology, Dallas, TX University of Texas Southwestern Medical Center, BS, Clinical Dietetics, Dallas, TX Washington University, MS, Clinical Research Management, St. Louis, MO
Internship:	Coordinated Undergraduate Program through University of Texas Southwestern Medical Center Dallas, TX
Employment:	<ul style="list-style-type: none"> ▪ Group Exercise Supervisor/Registered Dietitian, Clark County Family YMCA, Vancouver, WA, July 2014-Current ▪ Owner Nutrition Consulting Private Practice, Lexie RD, Vancouver, WA and Kalamazoo, MI, June 2012 –Current ▪ Registered Dietitian and Group Exercise Instructor, YMCA of Greater Kalamazoo, Kalamazoo, MI July 2011 – June 2014 ▪ Nutrition Consultant/Professional Outreach Coordinator, Gazelle Sports, Kalamazoo, MI July 2012 – March 2014 ▪ Clinical Dietitian, Touchpoint - Borgess Hospital, Kalamazoo, MI January 2013-November 2013 ▪ Clinical Dietitian, Bronson Methodist Hospital, Kalamazoo, MI August 2011 – July 2012 ▪ Research Patient Assistant, Washington University School of Medicine Department of Pediatrics, St. Louis, MO June 2009 – June 2011
Professional Activities:	<ul style="list-style-type: none"> ▪ Academy of Nutrition and Dietetics, Member 2007- Current ▪ Southwest Washington Dietetic Association, Member 2014-Current ▪ Portland Academy of Nutrition and Dietetics, Member 2015-Current ▪ Southwest Michigan Dietetic Association Board Member at Large 2012-2014 ▪ St. Louis Dietetic Association Outreach Committee Co-chair 2009-2011
Awards:	<ul style="list-style-type: none"> ▪ Academy of Nutrition and Dietetics, Kids Eat Right Grant Recipient – Family Meals and Healthy Breakfast Grants ▪ Recognized Young Dietitian in Missouri Nominee ▪ Alpha Eta University of Texas Southwestern Honor Society Member ▪ Member of Psi Chi Psychology National Honor Society at SMU
Professional Statement	<p>Since becoming a Dietitian in 2009, I have been an active participant in local dietetics associations serving in roles such as a committee chair, presenter and board member at large. As I have relocated multiple times for my husband’s career, I have always found great comfort in knowing the resources and network provided by state and local dietetics associations and am thankful for the wonderful Dietitians I have met as a result. As my personal and professional life have settled in Vancouver, WA, I look forward to becoming more active in our state organization. In leading a team of 25 staff members for the past year and a half, I have learned how important organization, policies and support can be to leading a functional team. These skills, along with others that I have developed over my non-traditional career as a Dietitian are what I know that I can bring to the secretary role. In this role, I also plan to increase the established network of dietitians across Washington State and empower each other to provide an excellent level of service and superior distinction of what it means to be a Dietitian.</p>

Secretary Candidate

Hannah Lima, RDN, CD

Education:	Life University, BS Dietetics, Marietta GA University of Western States, MS in Human Nutrition and Functional Medicine (in progress), Portland OR
Internship:	Dietetic Internship through Life University in Marietta GA
Employment:	Healthy Body Healthy Heart, LLC – owner, Tacoma ,WA 2015-present
Professional Activities:	<ul style="list-style-type: none"> ▪ Academy of Nutrition and Dietetics, member, 2012-present ▪ Member of diabetes practice group, integrative and functional medicine practice group, nutrition entrepreneurs practice group and culinary practice group ▪
Awards:	Graduated Sigma Cum Laude
Professional Statement	<p>Nutrition has been a passion of mine for nearly 20 years and the opportunity I was given to pursue a second career in dietetics was a dream come true. Prior to becoming an RDN, I was a district manager for a large national organization. The skills I learned during my 17 years in business provided me with numerous skills that transfer into the field of dietetics.</p> <p>As the secretary of the Washington State Academy I will guarantee that my roles and responsibilities are performed with excellence and integrity. I will work diligently to maintain written records and updates while ensuring that correspondence is sent in a timely fashion. Serving the Academy of Nutrition and Dietetics and advancing the understanding of dietitians varying roles is something I will pursue with passion.</p>

DELEGATE CANDIDATE

Heidi Roberts, RD, CD, CDE

Education:	College of the Ozarks, BS, Dietetics, Point Lookout, MO--1999
Internship:	United States Army Dietetic Internship, Brooke Army Medical Center, Fort Sam Houston, TX--2000
Employment:	<p>Sep 2007-present Diabetes Educator, Outpatient Dietitian—Diabetes Services at MultiCare, Tacoma General Hospital, Tacoma, Washington</p> <p>Oct 2007-Nov 2009 Diabetes Support Group Facilitator—Enumclaw Regional Hospital, Enumclaw, Washington</p> <p>Jan 2005-Nov 2006 Outpatient Bariatric Dietitian—St. Francis Center for Weight Management, St. Francis Hospital, Federal Way, Washington</p> <p>Mar 2003-Dec 2004 Civilian, Outpatient Nutrition Clinic Manager--Madigan Army Medical Center (MAMC), Ft Lewis, Washington</p> <p>July 2002-Mar 2003 Chief, Medical Nutrition Therapy – Madigan Army Medical Center (MAMC), Ft Lewis, Washington</p> <p>July 2000-July 2002 Clinical Dietitian – Madigan Army Medical Center (MAMC), Ft Lewis, Washington</p>
Professional Activities:	<ul style="list-style-type: none"> • South Sound Dietetic Association, President-Elect 2001, President 2002, Past-President 2003, Nominating Committee 2004, Catering Committee 2005, President-Elect 2008, President 2009, Past-President 2010 • Washington State Dietetic Association: Convention Chair 2007, Nominating Committee 2007 & 2008, Recruitment Chair 2008, President-Elect 2010, President 2011, Past-President 2012, Licensure Committee Chair 2012-2013
Awards	<p>March 2007 – Recognized Young Dietitian of the Year, Washington State Dietetic Association</p> <p>February 2014—Legislative Activity Award, Diabetes Care and Education Practice Group of the Academy of Nutrition and Dietetics</p>
Professional Statement:	<p>As past president of the Washington State Academy of Nutrition and Dietetics in 2011, I gained a much greater appreciation of and understanding of the purpose and processes of our Academy of Nutrition and Dietetics and all it does for dietitians. In 2014 I attended the Public Policy Workshop/Legislative Symposium in Washington D. C. and was so impressed by how the Academy of Nutrition and Dietetics was represented and organized to present the role of dietitians now and in the future of health and nutrition to the nation. I believe it is of utmost importance to be involved in our association in order to not only understand how it works but also to understand the value and what it does for us, and now I want to give back to the association in order to help grow the organization and continue to improve how it serves our members.</p>

DIRECTOR, COMMUNICATIONS CANDIDATE

Lorelle DelMatto, MS, RDN, CD

Education:	M.S., Biology/Nutrition, University of Bridgeport, CT B.S., Dietetics, summa cum laude, University of California, Davis, CA
Internship:	Massachusetts General Hospital internship, Boston, MA
Employment:	Owner of FOODSAVVY, food and nutrition consulting company, Sammamish, Washington , 1995 – Present Adjunct Nutrition Instructor, SEATTLE CULINARY ACADEMY, Seattle Central Community College, 2011-2015 Consumer Affairs and Test Kitchen Manager, SPECIALTY BRANDS, San Francisco, California , 1987 – 1995 Nutritionist, SAFEWAY STORES INC., Oakland, California, 1984 - 1986
Professional Activities:	WSAND Media Representative, 2014-2016
Professional Statement:	<p>I'm eager to serve my professional organization and promote RDN colleagues as nutrition experts. I would seek media opportunities for Washington dietitians and help them gain skills and confidence to address the public in varied settings - TV, radio, print, online and more. Another goal is to strengthen communications within our organization and offer value to members.</p> <p>I have enjoyed diverse work in food and nutrition. Corporate experience includes being a nutritionist for Safeway Stores, Inc., managing a test kitchen and consumer affairs department for a food company and being a media spokesperson in the US and Canada. As owner of my own consulting company I have worked with food business and marketing associations, PR and wellness firms. I've taught nutrition and culinary classes and done nutrition counseling with individuals. On my website, lorelledelmatto.com I promote the art of healthy eating with recipes and evidence-based information.</p> <p>My goal would be for every person with a nutrition question in Washington State to say, "Ask a Registered Dietitian-Nutritionist!"</p> <p>Please contact me at lorelledm@outlook.com or via my website lorelledelmatto.com.</p>

NOMINATING COMMITTEE CANDIDATES

Sabrina Matlock

Education:	Central Arizona College; Associate of Applied Science: Dietetic Technician; Coolidge, Arizona
Internship:	Dietetic Technician internship through Central Arizona College at Washington State Veteran's Home in Retsil, Washington
Employment:	Currently seeing employment as a dietetic technician
Professional Activities:	North Sound Dietetic Association Member Nov. 2015- Present
Professional Statement:	As a recent graduate of a dietetic technician program I am now looking to be more involved with the Academy at the state level. I think this a great opportunity to get my feet wet by serving as a nominating committee member. I would also like to help advocate for more dietetic technicians to be involved in the Academy at their state and local levels by reaching out to them to run for office.

Michael Hilmar Wagner, MPH, RD, CD

Education:	University of Minnesota – St. Paul, B.S. Nutrition and Dietetics University of Minnesota – Minneapolis, Masters of Pubic Health - Nutrition
Internship:	Post-Master's Dietetic Internship, Methodist Hospital, St. Louis Park, MN
Employment:	<p>Regional Clinical Nutrition Manager for the Pacific Northwest October 2015 – present <i>The Emily Program, St. Louis Park, MN</i></p> <p>Clinical Nutrition Manager, St. Paul, Seattle, Spokane, Olympia August 2011 – September 2015 <i>The Emily Program, St. Louis Park, MN</i></p> <p>Lecturer, Food Science and Nutrition Jan.- June 2008 <i>University of Minnesota, Twin Cities Campus/FScN 1112 Principles of Nutrition</i></p> <p>Director of Nutrition October 2009 – June 2011 - <i>The Emily Program, St. Louis Park, MN</i></p> <p>Nutritionist Nov. 2006 – October 2009 - <i>The Emily Program, St. Louis Park, MN</i></p> <p>Nutritionist Feb. 2007 – June 2007 <i>The Marsh, A Center for Balance and Fitness, Minnetonka MN</i></p> <p>Nutritionist Sept. 2006– June 2007 <i>Calhoun Beach Club, Minneapolis, MN</i></p> <p>Director, Integrative Medicine August, 2002 – June, 2003 <i>Abbott Northwestern Hospital, Minneapolis, MN</i></p> <p>Program Manager June 2000 – August 2002 <i>Mind Body Spirit Clinic, A Partnership of the University of Minnesota and Fairview Health Services, Minneapolis, MN</i></p> <p>Program Director October 1997-June 2000 <i>The Marsh, A Center for Balance and Fitness, Minnetonka, MN</i></p>
Professional Activities:	Past State Media Representative, Minnesota Dietetic Association Past President, Twin Cities District Dietetic Association Chair, Association Education Committee, Twin Cities District Dietetic Association
Professional Statement:	My previous involvement in the Twin Cities and Minnesota Dietetic Associations has given me an appreciation of the importance of recruiting the best qualified individuals for positions on the dietetic board. I have worked with nominating committee members in the past and have experience in general Dietetic board activities.