



WASHINGTON STATE
ACADEMY OF NUTRITION AND DIETETICS

THE FOOD AND NUTRITION EXPERTS

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Academy of Nutrition and Dietetics

2018 Awards Recognition

Seattle, WA



2018 WASHINGTON STATE ACADEMY OF NUTRITION AND DIETETICS AWARDS

We are honored to recognize the efforts and accomplishments of our outstanding peers, colleagues and students. Once again, your Washington State Academy Board would like to thank the district representatives and individuals who submitted nominations this year. Thanks also to each nominee for following through with the fairly extensive on-line application process.

Beginning last fall, information about the Washington State Academy and the Academy of Nutrition and Dietetics awards was distributed to each of our district dietetic associations, along with a request for nominations. Awards information was also posted on the Washington State Academy website at www.eatrightwashington.org. To select our award recipients, panels of Washington State Academy board members reviewed all applications, using standardized scoring.

We encourage you to consider nominating someone next year!

- Remember that as a Washington State Academy member, you may nominate someone through your district association or on your own
- If you feel that a nominee that didn't receive an award was a good candidate, it is very appropriate to re-nominate her/him

Marissa Beck, MS, RD
Awards Chair

Note: During the recognition event, Ben Atkinson named the 2018 President's Award recipient, Kaitlin Todd, RD. Kaitlin is a past Washington State president, treasurer and has been an extraordinary member of the policy team.

OUTSTANDING DIETITIAN OF THE YEAR

Sharon Feucht, MA, RDN, CD



The Washington State Academy of Nutrition and Dietetics is proud to honor Sharon Feucht, a Seattle resident, as Washington State's Outstanding Dietitian of the Year (ODY) for 2018. This award is the most prestigious recognition that the Washington State Academy can give. The award honors a Registered Dietitian Nutritionist (RDN) who has demonstrated leadership and who has served as an outstanding role model of professionalism and as a source of inspiration to others in dietetics.

Ms. Feucht supervises nutrition fellows in the Leadership Education in Neurodevelopmental and related Disabilities (LEND Program) for the University of Washington Center on Human Development and Disability (CHDD). She is also the Project Director of the Nutrition Services for Children with Special Health Care Needs (CSHCN) contract, providing training for the RDNs of the CSHCN Nutrition Network, a network of over 200 RDNs in Washington State who work with CSHCN and their families. Additionally, Ms. Feucht is the Editor of the Nutrition Focus Newsletter for CSHCN. "To say that Ms. Feucht has been an outstanding dietitian 'of the year' is an understatement," a letter of recommendation states. "On an institutional scale, Ms. Feucht has increased the visibility of the RDN at the CHDD by attaining a seat at the Clinical Services Committee meeting and representing the RDNs' perspectives on improving the clinic experience for families, trainees, and faculty."

Ms. Feucht's strong leadership skills are evidenced in these positions as a mentor for hundreds of RDNs, and her accolades for her work include receiving the Washington State Academy's Excellence in Community Nutrition Award (2004) and Outstanding Preceptor Award from the University of Washington Graduate Coordinated Program in Dietetics (2014). She has also written well-known chapters for books and manuals, such as Krause's Food, Nutrition & Diet Therapy, and the ADA Pediatric Nutrition Care Manual, to name a few.

"While it is true that it is part of Ms. Feucht's job description as nutrition faculty on the LEND grant to supervise nutrition trainees, her mentorship goes beyond the training," states a letter of recommendation. "She stays in contact with past trainees and makes herself available for career advice as well as clinical advice."

Ms. Feucht also organizes e-blasts for the CHDD faculty and staff during National Nutrition Month to bring recognition to the month and to elevate the RDNs' presence. On a statewide scale, Ms. Feucht champions RDNs by organizing interdisciplinary, pediatric feeding team trainings specifically for teams that include a RDN.

"You can see that one page is not quite enough to describe Ms. Feucht's contributions to the field of dietetics," a letter of recommendation states. "The pleasure has been all mine to call attention to this extraordinary individual, whom I am fortunate enough to call friend, colleague, and mentor."

PAST ODY RECIPIENTS:

YEAR	RECIPIENT	YEAR	RECIPIENT	YEAR	RECIPIENT
1983	Nancy Burgel	1994	Virginia McMulkin	2006	Annie Frederick
1984	Kaye Funk	1995	Martha Peppones	2007	Michelle Weinbender
1985	Colleen Matthys	1996	Paula Hudon	2008	Caroline Steele
1986	Luanne Anderson	1997	Susan Lukacs	2009	Barbara J. Pyper
1987	Not awarded	1998	Elaine Reid	2010	Debe Nagy-Nero
1988	Ruth McDonald	1999	Betty Lucas	2011	Nancy James
1989	Gladys Jennings	2000	Ethan Bergman	2012	Karen Barale
1990	Dorothea "Dottie" Nicholson	2001	Paula Charuhas	2013	Kathy Dirks
1991	Margaret Brown	2002	Carol Griffith	2014	Janet Beary
1992	Marilyn Guthrie	2003	Not awarded	2015	Louise Peck
		2005	Not awarded	2016	Angel Planells
				2017	Anne Lund

RECOGNIZED YOUNG DIETITIAN OF THE YEAR

Bec McDorman, RDN



The Washington State Academy of Nutrition and Dietetics is proud to honor Bec McDorman, a Yakima resident, as the Recognized Young Dietitian of the Year (RYDY) for 2018. The purpose of the annual RYDY award is to recognize the competency and activities of young dietitians in the Academy of Nutrition & Dietetics, while also encouraging continual member participation in Association affairs.

Ms. McDorman is the Lead Clinical Dietitian at Astria Regional Medical Center in Yakima, WA, where she provides clinical care for ICU, cardiology and medicine/surgery inpatient, as well as cardiology and pulmonology outpatient. She became the Student Liaison for the Academy at her university, California Polytechnic State University, Pomona, from 2014 to 2016. Through this position,

Ms. McDorman encouraged students to become members of the Academy, to apply for scholarships, and to join DPG/MIGs. During her internship at Johns Hopkins in Baltimore, MD, she was appointed as Student Representative for the Maryland Academy of Nutrition and Dietetics (MAND) and worked to establish a mentoring program that launched with a mentor-mentee lunch at the MAND Annual Conference in May 2017.

Outside of the Academy, Ms. McDorman is involved with the bariatric patient population, in part due to her personal weight loss journey, being a 7.5 years post-op gastric bypass patient. It is this which inspired her to pursue a career in dietetics. She has been a speaker for national conferences held by the ObesityHelp.com and a regular contributor to the OH blog. She uses her professional and personal knowledge to help guide patients through the journey of bariatric surgery, volunteering at her bariatric surgeon's office as a nutrition intern and support group leader. In addition, she conducted her master's thesis on "Short-Term Body Composition Changes and Biochemical Response to Topical Vitamin Patch Supplementation as Compared to Oral Vitamin Supplementation Pre- and Post-Laparoscopic Sleeve Gastrectomy: A Pilot Study," and was able to present her research poster through the American Society for Metabolic and Bariatric Surgery at ObesityWeek 2017 in Washington, D.C.

During grad school, Ms. McDorman worked as a teaching associate, guiding students through the Nutrition Education and Nutrition Counseling lab sections that accompanied the lecture series. Her article, "Value in DTRs Practicing in Clinical Nutrition," was published in the Fall 2017 newsletter, "DTP DPG Update" from the Dietetic Technicians in Practice DPG. Currently, she is a mentor through the Weight Management DPG's Bariatric Subsection Mentor Program, where she has monthly email exchanges and phone calls with a mentee.

Ms. McDorman was honored to be selected as Graduate Student Leader of the Year in 2016 for the College of Agriculture at California Polytechnic State University, Pomona.

PAST RYDY RECIPIENTS:

YEAR	RECIPIENT	YEAR	RECIPIENT	YEAR	RECIPIENT
1978	Cheryl Marshall	1990	Janis Harsila	2002	Katie Thorner
	Sue Foise		Terri Trisler		Mary Jennings
1979	Polly Lenssen	1991	Linette Jurdy	2003	Beth Ogata
	Jennifer Parenteua		Leslie Thomson		Holly Trujillo
1980	Judy Larsen	1992	Victoria Warren	2004	Kelly Frederick
	Margaret Gross		Elaine Reid		2005 Amy Myrtue
1981	Marilyn Guthrie	1993	Kathy Marlon	2006	Jennifer Helms
	Jean Sloan		Shelly Nagle		Sarah Zarelli
1982	Barbara Himes	1994	Paula Charuhas	2007	Lisa Grentz
	Rebecca Esvelt		Julie Drzewiecki		Andrea Hill
1983	Mari Chapman	1995	Mary Paeth	2008	Heidi Roberts
	Chelene Campbell		Denise Zimmer		Kristen Rezabek
1984	Debra Thumser French	1996	Julie Mahler	2009	Bobbi Jo Rettman
	Carol Melby		Julie Muelheim		2010 Allison Stanton
1985	Kathleen Clark	1997	Nikki Kettles	2011	Michon Williams
	Alison Becker Evert		Caroline Swenson		2013 Lindsay Hays
1986	Laurie Ditton	1998	Jennifer Newman	2014	Amy Frasier
	Barbara Eldridge		Michelle Hagan		2015 Katy Figel
1987	Perri Bernard	1999	Annie Frederick	2016	Maureen Chomko
	Lisa Meusborn		Kim Robien		Chris Vogliano
1988	Cheryl Johnson	2000	Wendy Weyer	2017	Marissa Beck
	Megan Veldee		Susette Gjovik		
1989	Jacqueline Beard	2001	Marybeth Roberts		
	Kathy Dirks				

EXCELLENCE IN MANAGEMENT PRACTICE

Kelsey Thomas, MS, RDN, CD



The Washington State Academy is proud to honor Kelsey Thomas, a Seattle resident, with the 2018 Excellence in Management Practice Award. This award was established by the Washington State Academy in 2011 to promote members and to acknowledge the professional contributions of management, business and consultant practitioners in Washington State.

Ms. Thomas is the Site Director and Registered Dietitian Nutritionist (RDN) at The Emily Program (TEP), where she has worked since 2012. Within two years of starting this role, a letter of recommendation states, “Kelsey’s drive, positive personality and leadership potential resulted in her accepting the role of Lead Dietitian. A year later Kelsey was promoted to the position of Clinical Nutrition Manager (CNM). After only two years as CNM, Kelsey was offered the position of TEP Site Director/Seattle Outpatient office, only the second dietitian to hold such a position within the national organization.”

Mentoring numerous new dietitians in addition to overseeing the professional development and performance of eight RDs/DTRs on staff at her location, Ms. Thomas has also developed community internship opportunities for students at both the University of Washington and Bastyr University. In addition, she has worked closely with local and regional TEP leadership to implement innovative nutrition approaches to eating disorder treatments, such as a focus on treating gut health issues and helping to develop multidisciplinary treatment programs with medical personal and therapists.

As TEP Site Director, Ms. Thomas is directly responsible for the financial and performance expectations of this large site, as well the management of up to 50 staff, consisting of medical personal, therapist, dietitians and support staff. Outside of her professional position, she also served two years as the Continuing Education Chair for the Greater Seattle Dietetic Association and was selected as Outstanding Preceptor of the Year by the University of Washington Department of Nutrition and Dietetics.

In 2017, Ms. Thomas co-presented at the Washington State Academy conference, “Do you teach what you believe: how our own attitudes and beliefs influence our client interactions.” States a letter of recommendation, “Kelsey is a wonderful person, full of life and energy and a shining role model for our profession.”

PAST EXCELLENCE IN MANAGEMENT PRACTICE AWARD RECIPIENTS:

YEAR	RECIPIENT
2016	Adam Pazder
2017	Katie Farver

PAST EMERGING DIETETIC LEAQDER AWARD RECIPIENTS:

YEAR	RECIPIENT	YEAR	RECIPIENT
2000	Donna Parsons	2010	Livia Wagner
2001	Pam Mahre	2011	Marie Millren Tucker
2004	Judy Heesacker	2013	Marissa Claiborne
2007	Stacy Lueck	2016	April Davis
2009	Kendra Swartz	2017	Ben Atkinson

PAST COMMUNITY PRACTICE AWARD RECIPIENTS:

YEAR	RECIPIENT	YEAR	RECIPIENT
1998	Vivienne Dutzar	2009	Michelle Hagan
1999	Sandi Laney	2010	Sue Butkus
2000	Lonnie Isaacson	2011	Lisa Randall
2001	Becky Knapp	2012	Lori Tanner
2002	Michelle Weinbender	2013	Laurie J. Schaetzel-Hill
2003	Martha Marino	2014	Joan Brookhyser Hogan
2004	Sharon Feucht	2015	Stacey Trogdon
2007	Jan Gilliam	2016	Chelsey Lindahl
2008	Malvina "Annie" Goodwin	2017	Judy Simon

PAST CLINICAL/RESEARCH AWARD RECIPIENTS:

YEAR	RECIPIENT	YEAR	RECIPIENT
1998	Nancy James	2007	Katie Farver
1999	Polly Lenssen	2008	Diane Packard
2000	Johanna Lampe	2010	Lonnie Isaacson
2001	Ruth Patterson	2011	Marilyn Shelton
2002	Susan Scheunemann	2012	Joan Milton
2003	Caroline Steele	2014	Ben Atkinson
2005	Kim Nowak-Cooperman	2015	Megan Nordland
		2017	Julie Church

OUTSTANDING STUDENT AWARDS

The purpose of the Washington State Academy's Outstanding Student Award is to recognize the emerging leadership and achievement of students in Academy-accredited and approved dietetic education programs. The Academy of Nutrition and Dietetics established this award in 1994 to recognize students who have demonstrated exceptional academic excellence and leadership in their dietetics program.

Outstanding Student in a Coordinated Program in Dietetics

Emily L. Conner, BS



The Washington State Academy is proud to honor Emily Connor with the 2018 Outstanding Dietetics Student in a Coordinated Program in Dietetics. Emily is pursuing a Master of Science in Nutrition at the University of Washington Nutritional Sciences program. Emily has excelled both in academia, with a 3.9 GPA, and in multiple leadership activities, with an expected graduation date of August 2018.

Emily's achievements are many. States a letter of recommendation, "Emily's solid work ethic has been recognized by our faculty as is evidenced by her being selected as a Teaching Assistant (TA) multiple times. She is able to design curriculum and lead weekly discussions sessions with ~50 students. She contributes to the development of test questions and designs rubrics for evaluating undergraduate students' work." Emily's Teaching Assistant (TA) experience is so robust that she helps guide and lead less experienced TAs in writing lesson plans and leading independent workshops. Emily also works with undergraduate students to help get their work published in a journal, along with providing guidance on scientific writing methods and conducting thorough literature reviews. Additionally, she is a lecturer & member of the University of Washington's "Sizeism and Weightism Advocacy Group," where she led a Health at Every Size 101 workshop, May 2017.

"Emily has demonstrated leadership and professional potential." States a letter of recommendation. "One example of this is that Emily is the Student Liaison & Committee Chair for the Behavioral Health Nutrition Dietetic Practice Group (DPG). In this capacity she attended FNCE 2017 on top of balancing a full course schedule. Through this position she has created student involvement opportunities in behavioral health through mentorship, writing experience, or Executive Committee assistantship and assisted in the creation of educational tools, as well as the planning of nation-wide CEU events. She has also served as a liaison between students and the DPG's Executive Committee."

Emily is "a rising star" and "an emerging leader in the field of dietetics," states a letter of recommendation.

Outstanding Student in a Dietetic Internship
Kimberley Do Yeon Lee, BS



In acknowledgement of her achievements Kimberley (Kimmie) Lee has been selected as the Outstanding Student in a Dietetic Internship. Kimmie received her Bachelor of Science in Dietetics from the University of Delaware, 2016 and is expected to complete her dietetic internship at Central Washington University (CWU) in July 2018.

Kimmie is recognized by her professors, preceptors and peers for her personal and professional achievements. Aside from being academically driven making Dean's List, Kimmie is a UD Provost Merit Scholarship recipient, and KAGRO Scholarship recipient. She also received the WIC outstanding undergraduate intern award and certificate for achievement as lay-leader of the Diabetes Self

Management program.

States a letter of recommendation, "Kimmie is incredibly professional, she is an excellent communicator, self-directed, confident, and willing to be a part of a team not an observer. She was able to manage all that was asked of her at Columbia Valley Community Health (CVCH), took all opportunities presented to her. She is a hard worker and strives to excel in all she does. I would rate her the top intern I have worked with. She is already a valuable contributor to the Nutrition profession and will continue to achieve, moving us all forward, as she advances in her career."

Outstanding Student in a Didactic Program in Dietetics
Emahlea Jackson



The Washington State Academy is proud to honor Emahlea Jackson with the 2018 Outstanding Dietetics Student in a Didactic Program in Dietetics. Emahlea is pursuing her Bachelor of Science in Food and Nutritional Sciences at Seattle Pacific University (SPU) with an expected graduation date of May 2018.

Emahlea was inducted into the Mortar Board Honor Society in 2017 and has been the recipient of multiple academic scholarships over the past three years. "Emahlea sets the bar high for her peers," states a letter of recommendation. "Emahlea has demonstrated leadership, mentorship and faculty support through multiple Teaching Assistant positions in our department."

Beyond the classroom, Emahlea has demonstrated immense leadership on her campus and in the dietetics community. She serves in SPU's Community Kitchen Program as a Student Coordinator, and as SPU's Food and Nutrition (FAN) Club President. She is also the Founder of Project HEAL Seattle, beginning in December 2017, where she works with national headquarters and other chapters collaboratively to develop new strategies to providing access to Eating Disorder treatment. Her additional volunteer work includes being a Kitchen Coordinator at the Ballard Soup Kitchen and a 2017 Student Representative for the Greater Seattle Dietetic Association (GSDA).

"Emahlea is an accomplished student who truly goes above and beyond in all that she pursues," states a letter of recommendation.

Outstanding Student in a Didactic Program in Dietetics
Flannery T. Nielsen



The Washington State Academy is proud to honor Flannery Nielsen with the 2018 Outstanding Dietetics Student in a Didactic Program in Dietetics. Flannery is pursuing her Master's degree in Nutrition and Dietetics at Bastyr University with an expected graduation date of May 2018.

Flannery is at top of the class with a 3.8 GPA, and excels in and out of the classroom, receiving the Bastyr University Nutrition Scholarship for Outstanding Achievement and the Bastyr University Graduate Entrance Scholarship. Flannery is the current Co-Vice President of the Bastyr Student Nutrition Association, the Front of House Coordinator for Student Nutrition Association annual fundraiser, a second year mentor in the Student Nutrition Association Mentorship Program, and a Teaching Assistant for undergraduate nutrition courses. Flannery is also known for her volunteer work with TEEN FEED, demonstrating leadership qualities by helping coordinate the annual charity cooking competition, raising thousands of dollars.

While maintaining a rigorous academic and volunteer schedule, Flannery has also worked part time to help support herself and gain additional clinical and food service experience. A letter of recommendation shares, "Flannery has proved herself to be a high achieving, competent and culturally sensitive student, and I believe she has a bright future as a dietitian."

States a letter of recommendation, "Flannery has earned the respect of both her peers and professors as a person who does not cut corners and always does more than is expected. I have continually been impressed with Flannery's ability to manage patient care as a new clinician. She has good assessment and counseling skills and is able to help people in both English and Spanish. She has a strong commitment to helping others."