

# The State of Washington



## Proclamation

*WHEREAS*, food is the substance by which life is sustained; and

*WHEREAS*, the type, quality and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

*WHEREAS*, there is a need for continuing nutrition education and a wide-scale effort to enhance eating practices; and

*WHEREAS*, the National Nutrition Month® campaign focuses on the importance of making informed food choices and developing sound eating and physical activity practices;

*NOW, THEREFORE*, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim March, 2017 as

### *Nutrition Month*

in Washington, and I urge all people in our state to join me in this special observance in the hope of achieving optimum health for today and tomorrow.

Signed this 24<sup>th</sup> day of January, 2017

A handwritten signature in blue ink, appearing to read "Jay Inslee".

Governor Jay Inslee

