

Seattle Children's Continuing Medical Education
4th Annual Nutrition Symposium

Clinician's Guide to Obesity Management and Treatment Options



Saturday
October 29, 2011

Seattle Children's
Wright Auditorium

PROGRAM

October 29, 2011

- 7:30 am **Registration and Continental Breakfast**
- 8:00 am **Welcome & Introductions**
David Suskind, MD; Polly Lenssen, MS, RD, CD, FADA
Bruder Stapleton, MD, Chair, UW Dept. of Pediatrics
- 8:15 am **Childhood Obesity – The Reason for H.O.P.E.**
Jeannie S. Huang, MD, MPH
- 9:15 am **Q & A**
- 9:30 am **Pharmacotherapy of Obesity: Past, Present and Future**
Christian Roth, MD
- 10:15 am **Q & A**
- 10:30 am **BREAK**
- 10:45 am **Surgical Approaches in the Treatment of Obesity: An Adolescent Approach**
E. Patchen Dellinger, MD
- 11:30 am **Q & A**
- 11:45 pm **LUNCH (provided)**
- 12:30 pm **Obesity Resources and Programs: Washington State Experience**
Lenna Liu, MD
- 1:00 pm **Q & A**
- 1:15 pm **The Motivation in Motivational Interviewing in Pediatric Obesity**
Alicia Dixon Docter, MS, RD, CD
Heather Paves, MS, RD, CD
- 1:45 pm **Q & A**
- 2:00 pm **The Internet in Health Management: Healthcare Services of the 21st Century**
David Suskind, MD
- 2:30 pm **Q & A**
- 2:45 pm **ADJOURN**

GENERAL INFORMATION

Course Description

As a healthcare professional, you are in a unique position to improve the quality of life for individuals who are obese and overweight. Pediatric experts from the fields of medicine and nutrition will focus on the operational and treatment skills, techniques, and strategies needed to enhance your weight management program and offer best practices for patients and families.

Who Should Attend

- Pediatricians
- Family Physicians
- Physician Assistants
- Dietitians
- School Nurses
- Nurse Practitioners
- Nurses

Course Location

Seattle Children's - Wright Auditorium (1st floor Giraffe Entrance)
4800 Sand Point Way NE
Seattle, WA 98105
(Parking is free; map/directions will accompany confirmation letter.)

Course Objectives

Participants will be able to:

- evaluate approaches that help children and families sustain weight healthy behaviors;
- assess the role of pharmacotherapy in the treatment of obesity during childhood and adolescence; and
- analyze the role of surgical approaches in the treatment of adolescent obesity.

Course Direction

David Suskind, MD

Associate Professor of Pediatrics, Div. of Gastroenterology, UW
Co-Chair, Nutrition Subcommittee, Seattle Children's

Polly Lenssen, MS, RD

Director, Clinical Nutrition, Seattle Children's

Kathie Kohorn, MA

Coordinator, Continuing Medical Education, Seattle Children's

Accreditation

Seattle Children's is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education for physicians.

Seattle Children's designates this live educational activity for a maximum of 5.5 hours in Category I to satisfy the re-licensure of the Washington State Medical Quality Assurance Commission.

Seattle Children's designates this live educational activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

- Clock Hours available
- AAFP available

FACULTY

Guest Faculty

Jeannie S. Huang, MD, MPH

Dr. Huang is an Associate Professor, Division of Pediatric Gastroenterology, Rady Children's Hospital, UC San Diego

Jeannie Huang, MD joined the staff at UCSD in 2002. Her clinical practice includes the treatment of all gastrointestinal, hepatic, pancreatic and nutrition disorders affecting children.

Dr. Huang's current research interests focus upon how to improve outcomes in pediatric chronic disease – including diseases such as obesity, inflammatory bowel disease, leukemia, diabetes, and cystic fibrosis. In particular, she is involved in projects aimed at improving weight management among patients at risk for metabolic complications of obesity and in studies targeting improvements in patient-physician communications.

Dr. Huang is also program director of the HOPE project which is an online curriculum for clinicians and clinicians in training on the important topic of pediatric obesity. The HOPE project launched in August, 2009 and has received support from the American Academy of Pediatrics, the North American Society of Pediatric Gastroenterology and Nutrition, and the American Academy of Family Physicians. Dr. Huang currently receives funding from the National Institutes of Health and the American Cancer Society for her work.

Local Faculty

E. Patchen Dellinger, MD

Professor and Vice-Chairman, Surgery, UW

Alicia Dixon Docter, MS, RD, CD

Manager, Clinical Nutrition, Ambulatory and Regional Services, Seattle Children's; Clinical Instructor, Family and Child Nursing, UW

Lenna Liu, MD, MPH

Associate Professor of Pediatrics, UW
Clinician, Odessa Brown Children's Clinic

Heather Paves, MS, RD, CD

Clinical Dietitian, Seattle Children's

Christian Roth, MD

Associate Professor of Pediatrics, UW
Pediatric Endocrinologist, Seattle Children's

David Suskind, MD

Associate Professor of Pediatrics, Div. of Gastroenterology, UW
Co-Chair, Nutrition Subcommittee, Seattle Children's

REGISTRATION

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Registration and Cancellation Policy

You must pre-register; we do not do register at the door. Space is limited. Registrations will be accepted in the order they are received and no registrations will be accepted after noon on October 26, 2011. Payment can be made by: purchase order, VISA and MasterCard.

Once your registration has been processed, cancellations can be made, minus a \$20 processing fee, up until three days prior to the meeting. No refunds will be issued after October 26, 2011.

Course Fee: (includes catering, instructional materials and CME credit):

- Received by September 29 \$100.00
- Received after September 29 \$125.00

On line registration available from CME website:

<http://www.seattlechildrens.org/healthcare-professionals/education/>

This form MUST be completed & received by noon October 26, 2011

Seattle Children's CME
Mail Stop S-219A, PO Box 5371
Seattle, WA 98145-5005

or

FAX: 206-987-5798

PLEASE PRINT

Name: _____

Specialty: _____ Phone: _____

Billing Address: _____

Fax/Email: _____

PAYMENT:

Check Enclosed. *Payable in US funds to: Seattle Children's CME*

VISA MasterCard Purchase Order

Card Number: _____

Expiration Date: _____

Signature: _____